# INTRODUCTION TO PHARMACOVIGILANCE CONCEPTS AND GENERAL FRAMEWORK

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# Pharmacovigilance (Drug Safety)

 Pharmakon (=drug) and vigilare (=keep watch).

Discipline and activities relating to the detection, assessment, understanding and prevention & management effects or any other drug-related problem



(WHO, 2002)

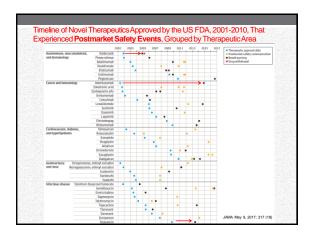
# Pharmacovigilance. Aims

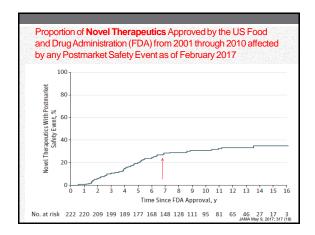
- Early detection of unknown safety problems
- Identification of risk factors
- Quantification of risks
- Preventing patients from being affected unnecessarily

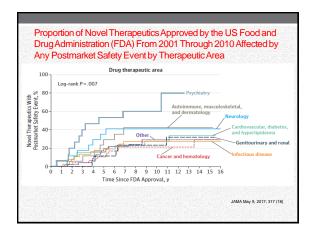
Rational and Safe Use of Medicines, WHO

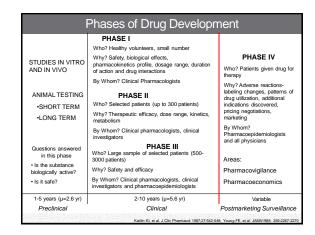
# Why is Pharmacovigilance Important?

- Adverse Drug Reactions are among the top ten causes of mortality (LECENOUL et al., 1999)
- The percentage of hospital admissions due to drug related events in some countries is about or more than 10% (Bhalla et al. 2003, Imba et al. 1999)
- Drug related morbidity and mortality expenses exceeded US\$ 177.4 billion in the USA in 2000 (Email & Grazile, 2001)





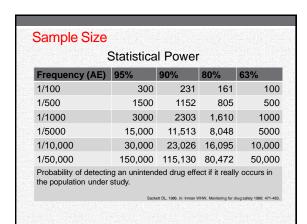




Preclinical	Phase 1	Phase 2	Phase 3		Postmarketing
Safety & Biological Activity	Safety & Dosage	Safety & Efficacy	Safety & Efficacy	A P P R O V A L	Safety Surveillance
		SAFETY C	ONCERNS		

# Limitations of Clinical Trials Trial population Size (small ~ 3,000 subjects) Representativeness of trial population vs. real world population Trial population vs. real world or treated population (CT: narrowsly defined study population: age groups, comorbidities, concomitant medications) Indications for use Proposed indication for use Patients at complex disease stages often not enrolled Duration of trial Typical chronic use (years) vs. trial (several weeks to months) Frequency of ADRs Uncommon ADRSs are difficult to detect

FDA. 2018: Ann Intern Med. 2010:153:600-606



Ideally, a medication should be prescribed to:

The right patient,
With the right disease,
With the right medication,
In the proper dosage and intervals,
And for the appropriate length of time

# Pharmacovigilance & Drug Utilization

- It is not always the product that determines drug safety but how it is used
- There is a high risk of misuse of drugs
  - Disease
  - Population
  - Drug
  - · Health care system
- More than 50% of ADRs are preventable

# Public Health Programs and Pharmacovigilance

- · Incidence and prevalence of the disease
- · Morbidity and mortality rates
- · Number of patients treated
- · Number of drug units delivered

What about **the risk / effectiveness** of drugs used?

# IMPORTANT DEFINITIONS IN PHARMACOVIGILANCE

# Side Effects

- Any unintended outcome (negative or positive effects) that seems to be associated with treatment.
- This term is often used in patient information and other contexts.
- Unintended effect occurring at normal dose related to the pharmacological properties?

# Adverse Effect

A negative or harmful patient outcome that seems to be associated with treatment, including there being no effect at all



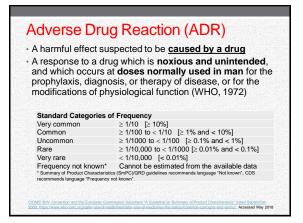
https://www.who-umc.org/safer-use-of-medicines/safer-use-of-medicines/the-basics/common-concepts-and-terms/. Accessed May 2018

### Adverse Event

- Any unfavorable and unintended sign (including an abnormal laboratory finding, for example), symptom, or disease temporally associated with the use of a medicinal product, but not necessarily causally related
- Unexpected medical occurrence in a subject or clinical investigation subject administered a pharmaceutical product and where not necessarily have a casa relationship with the treatment.

ICH E2A Guideline: 'Clinical Data Management: Definition and the Standards for Expedited Reporting', FDA guidance,

### Adverse Event Severity **Expectedness Listedness Causality** Seriousness (Intensity) Serious Expected Listed Related · Non-· No listed Moderate · Unexpected No related Severe serious (unrelated) Reference Label Safety Information of IB (Development), Label (Marketed)



# **Serious** Adverse Experience, Event or Reaction

- · Results in any of these outcomes:
  - · Death
  - · Life-threatening adverse experience
  - · Inpatient hospitalization -new or prolonged
  - Persistent/significant disability/incapacity
  - · Congenital birth defect
  - Other serious: based upon appropriate medical judgment, they may jeopardize the patient and require intervention to prevent a serious outcome

Note: Seriousness is different to **severity**, which refers to the **intensity** of the event (e.g. severe headache)

Federal Register -Code of Federal Regulations, 21 CFR 314.80 (a), FDA 2018

# **Unexpected Adverse Reaction**

 Not consistent with applicable product information or characteristics of drug



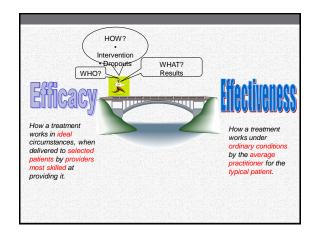
### **Exercise** · Relate each case with each definition using the list distributed during the session Relate w/correct answer 1) Female patient who experienced increased of a) Adverse event hepatic enzymes after one week on an antifungal medication 2) This is a 35 year-old male, soccer player, who b) Expected adverse drug complained of myalgias and was on antihypertensive drugs and lipid lowering reaction medications 3) This is a 49 year-old female patient exposed to c) Adverse drug reaction insulin who experienced headache, dizziness and syncope and recovered after drinking a glass of orange juice

1) c. 2) a. 3) b

# Benefit, Benefit/Risk • Positive therapeutic effects of treatment in an individual • Positive health, social or psychological effects of treatment from the patient's perspective. • Benefit-risk: Description of both positive and negative effects of a medicine and the likelihood of their occurrence, as far as they are known, as perceived by an individual. • B/R represents a critical information that health professionals and patients need to make wise therapeutic decisions. The perspectives of professionals and patients on the issues may differ.

# Effectiveness, Effectiveness/Risk, Efficacy

- · Effectiveness: A measure of the chances or odds (probability) of a medicine working positively as expected for patients.
  - · Measure of the effect of a drug in the "real world"
- · Effectiveness-risk: A comparison of the statistical chances (probability) of a medicine working as expected and/or causing harm.
- · Efficacy: A measure of the extent to which a chemical substance or medicine works positively under laboratory conditions and in a selected group of patients.



# Efficacy: Randomized Controlled Clinical

- · Rigorous inclusion and exclusion criteria:
- · Limited to certain study population
- · Limited to a spectrum of a disease
- · Limited to certain number of comorbid conditions
- · Limited to certain number of medications



# Effectiveness

- · Heterogeneous group of patients?
- AgeGender
- SES · Co-morbid conditions
- Multiple treatments (pharmacologic and non pharmacologic treatments)
- Variation of patient adherence to treatment
- Variation of medical practice and compliance to guidelines
- Variation of medical knowledge among patients
- Access to care (HCS), type of care
- Costs

EXTERNAL VALIDITY

# Harm, Hazard and Risk

- · Harm: The damage, injury or impairment that is or might be caused by a medicine, including death.
- · Hazard: The intrinsic chemical or biological characteristics of a medicine or its use that have the potential to cause harm.
- · Risk: The statistical probability of harm being caused.

Doxorubicin Cardiotoxicity → Cardioversion DRUG UTILIZATION AND **PHARMACOVIGILANCE** 

# Some Uses of Drug Utilization in Pharmacovigilance

- · Estimation of drug exposure:
  - Overall population
  - · By subpopulations
  - By demographic characteristics & other determinants
- As denominator for calculating rates of reported ADRs (reporting rates)
- Assessing effectiveness of risk minimisation measures

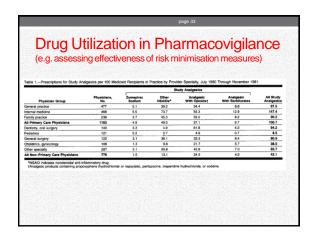
# Examining product risk in context. Market withdrawal of zomepirac as a case study. Ross-Degran Dr., Sournera SB, Forless EE, Gurwitz JH.

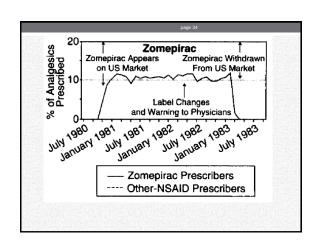
- To examine changes in the prescribing of analgesics after the market entry and subsequent withdrawal of zomepinac sodium, a nonsteroidal anti-inflammatory drug (NSAID), following repeated reports of zomepinac-related deaths.
- Natural quasiexperiment used to conduct **time-series analyses** to compare prescribing in two cohorts of primary care physicians from July 1980 through September 1983.
- conorts or primary care physicians from July 1980 through September 1983.

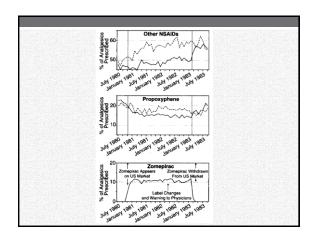
  Study physicians provided outpatient pharmaculical care to patients enrolled in the New Jersey Medicaid program. We identified 260 primary care physicians who provided 10 or more prescriptions for zomepirac (comepirac prescribers) and 308 who provided 10 or more prescriptions for NSAIDs other than zomepirac (other-NSAID prescribers) in Medicaid during the study period. Outcomes: Monthly rates of prescribing for zomepirac and several categories of substitute analgesics among Medicaid patients seen by study physicians.
- analgesics among Medicaid patients seen by study physicians.

  Zomepirac accounted for a stable 11.0% of analgesic prescribing among the zomepirac-prescriber cohort; label changes and manufacturer product-risk warnings 11 months before the products withdrawal from the market had no impact on use. After market entry, zomepirac prescribers reduced use of other NSAIDs and propoxyphene (hydrochloride or napsylate) in comparison with other-NSAID prescribers (3-4% and -2.8% of total analgesic prescribing; prescriber). P < .001). After the product's withdrawal from the market, zomepirac prescribers showed significant increases in relative prescribing of other NSAIDs (4-6.8%; P < .001), propoxyphene (+2.1%; P < .005), and analgesics containing barbiturates (+2.7%; P < .001).
- The sudden withdrawal of zomepirac from the market resulted in substitutions not only of other NSAIDs, but also of alternative analgesics that carry risks of habituation and adverse effects.

JAMA. 1993 Oct 27;270(16):1937-42.

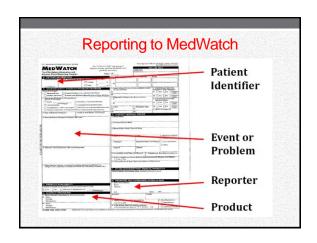






		Study Analgesic C	ategory, Proportional	Share of Use (SE)†	
	Zomepirac Sodium	Other NSAIDs	Propoxyphene‡	Other Opioids	Berbituretes
se at beginning of study period (June 1980)	0.000	0.475 (0.0061)	0.210 (0.0042)	0.206 (0.0040)	0.109 (0.003)
fonthly trend in use (July 1980-September 1983)	<0.001§	0.002[ (0.0003)	< 0.001	-0.002  (0.0002)	< 0.001
thanges in average monthly use among prescribers of other NSAIDs Write zomepirac on market	<0.001	0.0591 (0.0087)	-0.027((0.0061)	-0.013¶ (0.0058)	-0.018  (0.004
Following withdrawal	< 0.001	-0.0235 (0.0010)	0.008 (0.0069)	0.033((0.0066)	-0.018# (0.000
interence between prescribers of zomepirac and prescribers of other NSAIDs While zomepirac on market Following withdrawal	0.110[ (0.001) -0.110[ (0.003)	-0.081] (0.0047) 0.068l (0.0118)	-0.028  (0.0033) 0.021¶ (0.0082)	-0.002 (0.0031) -0.005 (0.0078)	0.001 (0.0024
*NSAID indicates nonsteroidal anti-inflammatory of †Based on time-series regression models. ‡Proposyphene hydrochloride or proposyphene no §SEs not reported for proportions <0.001. IPC 001.				1	1



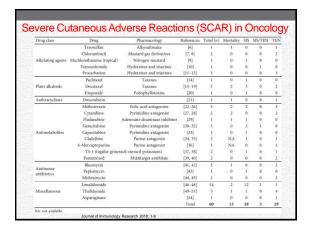








# Benefits of Spontaneous Reporting Systems Key in monitoring patient safety Particularly useful for new medications where clinical trials: Exposed small numbers of people Short duration Unlikely to detect ADRs particularly those with frequency of <1/1500 or long latency Lack of experience in special patient groups such as pediatric population, elderly, pregnancy Important for chronic and long term use To detect drug-drug interactions, drug-food interactions





# Safety Signal. Definition

Information that arises from one or multiple sources (including observations and experiments), which suggest a new potentially causal association, or a new aspect of a known association, between an intervention and an event or set of related events, either adverse or beneficial, that is judged to be of sufficient

likelihood to justify verificatory action

CIOMS Working Group VIII, Geneva 2010

# Types of Safety Signals

- Potential safety signals: identified from individual case analysis and formal epidemiological studies
- Statistical Safety Signals:
  - Principle: Drug—event pair is reported more often than expected relative to an independence model, based on the frequency of ICSRs on the reported drug and the frequency of ICSRs of a specific adverse event

# Sources of Safety Data

- Pre-clinical studies
- Clinical studies (pre- and post-marketing)
- Postmarketing data/studies
  - Spontaneous adverse events
  - Epidemiological studies (e.g. PASS)
  - Data collected for other purposes
  - National statistics
  - Databases of prescription, EMR, insurance claims, and outcomes
  - Scientific Literature

# Individual Case Safety Reports (ICSR) Reports sent by health professionals or patients when an adverse effect has occurred in a patient taking one or more medicines. 49-year old female patient Diagnosis: Bipolar Disorder Treatment. Antipsychotic medication started one year before the reported adverse events After stopping therapy, she developed "dizziness, can hardly walk and feet are going numb"

· Concomitant therapy: not

provided
- Outcome: unknown

# Four Requirements for a Valid Case Report

- ✓ Patient
- ✓ Drug product
- ✓Adverse event
- √Reporter

FDA. 2018

# **Evaluation of Case Reports**

- · Adverse event occurrence in expected time
- · Absence of symptoms prior to exposure
- · Positive dechallenge or rechallenge
- Consistent with pharmacologic effects
- · Consistent with known effects in the class
- Support from pre-clinical studies, clinical trials
- Absence of alternative explanations

FDA, 2018

# Elements of an <u>Informative</u> Postmarketing Report

- · Description of adverse event
- Suspected and concomitant product therapy details (e.g., dose, dates of therapy)
- Patient characteristics (e.g., age, sex), baseline medical condition, co-morbid condition, family history, other risk factors
- · Documentation of the diagnosis
- Clinical course and outcomes
- · Relevant therapeutic measures and laboratory data
- · Dechallenge and rechallenge information
- · Reporter contact information
- Any other relevant information

FDA, 2018

### **Exercise**

- Read each case reports and classify them as:
- · Valid and non-valid case
- · Informative and non-informative case
- · Related or not related to the medication

Exercise Report from a caregiver related to an elderly patient who received unspecified medication and died Report from a nurse related to a 16 year-old male HIV patient who was on remission but developed disseminated candidiasis that required administration of fluconazole during 3 days and developed generalized rash Spontaneous report from a cardiologist related to an 85-year old female who was on propranolol for 24 h and developed renal failure 1) nv,ni,unk; 2) v, l, r; 3) v,ni,unk

MEASURES IN PHARMACOVIGILANCE

# Statistical Safety Signals

- Principle: Drug—event pair is reported more often than expected relative to an independence model, based on the frequency of ICSRs on the reported drug and the frequency of ICSRs of a specific adverse event
- Signals of Disproportionate Reporting (SDR)

# Statistical Safety Signals

- Signals of disproportionate reporting (SDRs): Statistical associations between medicinal products and adverse events i.e. drug- event pairs.
- Proportional reporting ratio (PRR): Statistical method where an adverse event is reported relatively more frequently in association with this medicinal product than with other medicinal products

# Proportional Reporting Ratio (PRR)

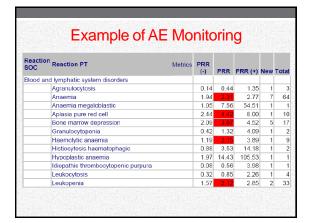
 Statistical method where an adverse event is reported relatively more frequently in association with this medicinal product P than with other medicinal products

	Adverse Event (R)	All Other Adverse Events	Total
Suspect Medicinal Product (P)	A	В	A+B
All other medicinal products	С	D	C+D
Fotal .	A+C	B+D	N=A+B+C+ D

95

# Example

- Proportion of individual cases of nausea involving medicinal product 'Trade Name' = 15% (e.g. 15 reports of nausea amongst a total of 100 reports reported with medicinal product 'Trade Name').
- Proportion of individual cases of nausea involving all other medicinal products in a database (but medicinal product 'Trade Name') = 5% (e.g. 5000 reports of nausea amongst 100,000 reports reported with all other medicinal products).
   Therefore, the PRR is equal to 3 (0.15/0.05).



Metrics*					
A	3				
A + B	2,430				
A + C	254		Adverse	All Other	Total
A + B + C + D	163,417		Event	Adverse	
CHI^2 (A)	0.1598	Suspect Medicinal	(R)	Events	A+B
CHI^2 (B)	0.0002		A	ь	ATD
CHI^2 (C)	0.0024	Product (P)			
CHI^2 (D)	0.0000	All other medicinal products	С	D	C+D
CHI^2	0.1625				
Expected A	3.7770	Total	A+C	B+D	N=A+B+C+E
Expected B	2,426.2230				
Expected C	250.2230				
Expected D	160,736.7770				
PRR (-)	0.26				
PRR	0.79				
PRR (+)	2.46	FMA	Guideline on the u	se of statistical sign	nal detection 2006

# Factors that can Impact the PRR

- Type of medicinal products included in the database
- · Medical terminology(ies) applied
- Coding practices
- · Date of the creation of the database
- Source of ICSRs (i.e. all unsolicited reports)
   Note: Eudravigilance computes PRR using the entire database except interventional clinical trials

# Chi-square ( $\chi 2$ ) statistics

 Statistic used in disproportionality analyses as an alternative measure of association between the medicinal product P and the adverse event R based on the following calculation:

 $\chi^{2} = (AD - BC)^{2} (A + B + C + D) / [(A + B)(C + D)(A + C)(B + D)]$ 

• Criteria used by Eudravigilance when the PRR is displayed with the  $\chi 2$  statistic: PRR > 2,  $\chi 2$  > 4; The number of individual cases greater or equal to 3.

# Interpreting Statistical Safety Signals

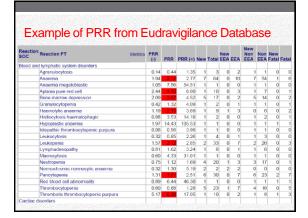
- The usual threshold for a statistical safety signal =2.
- It the threshold is too low = Many false positive signals
- If the threshold is too high = Missing potential signals
- The absence of a SDR does not necessarily exclude the possibility of an association between the medicinal product and the adverse event.
- Additional analysis of PRR (e.g. by age and gender or combining multiple medical products of the same class) can be done

### Interpretation of Statistical Safety Signals

 An increase in a SDR or other statistic, does not necessarily imply a causal relationship between the administered medicinal product and the occurrence of the adverse event

Therefore,

ALL statistical safety signals should be medically assessed



In Conclusion....

AE/ADR
Valid case
Serious vs. severe
Reporting rates
Threshold for PRR