## Statistical Test Selection in Epidemiologic Research

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#### "I was told there would be no math!"



- Chevy Chase 'Spies Like Us'

### **Learning Objectives**

- Understand variable characteristics to guide statistical test selection
- Learn to use, interpret correlation coefficients
- Understand variables influencing sample size
- Gain familiarity with use, interpretation of linear and logistic regression

#### Outline

- Constructing a research project
- Correlation / regression
- Linear regression
- Logistic regression

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## **Constructing a Research Project**

- Research question
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#### **Research Question Type #1**

• How much or common?

#### - Design: Cross-sectional, cohort studies

Descriptive statistics:

Potential

Analyses

- Percentages, frequencies
- Means (standard deviations)
- Medians (interquartile ranges)
- Prevalence (95% Cls)
- Incidence (95% CIs)

#### **Research Question Type #2**

- · Are these groups different?
  - Design: Case-control, cohort, RCTs
    - T-test: difference in means

Potential Analyses

- Wilcoxon rank-sum: difference in medians
- Chi square, Fisher's exact: diff. in frequencies
- ANOVA, Kruskal-Wallis: diff. in means,
- medians among ≥3 groups
- Odds ratios, hazard ratios, relative risks

#### **Research Question Type #3**

- Can certain variables predict outcome?
  - Design: Cohort study
  - Linear regression
- Potential · Logistic regression
  - Survival analysis (Cox regression)

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# Variable Characteristics to Consider

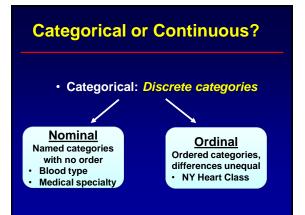
- Categorical or continuous?
  - Continuous: Normal or not?
- How many independent variables?
- · How many groups?

## Variable Characteristics to Consider

- Categorical or continuous?
   Continuous: Normal or not?
- How many independent variables?
- How many groups?

## **Categorical or Continuous?**

- Continuous: Any value within a range
  - Age (years)
  - Blood pressure (mm Hg)
  - Height (m)
  - Weight (kg)
  - CD4 cell count (cells/mm<sup>3</sup>)



#### Variable Characteristics to Consider

- Categorical or continuous?
   Continuous: Normal or not?
- · How many independent variables?
- How many groups?

## **Normal Distribution**

- Continuous data
- Symmetrical, bell shaped
- Mean, median, mode all the same and located at the center
- Allows use of parametric tests (e.g., t-tests)
- If not, must use non-parametric tests

# Variable Characteristics to Consider

- Categorical or continuous?
  - Continuous: Normal or not?
- How many independent variables?
- How many groups?

Depends on Clinical Question!

#### **Constructing a Research Project**

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#### **Hypothesis Testing**

- Develop hypothesis
- · Test hypothesis:
  - Collect data, observe effect
     H<sub>0</sub> = No effect or difference
     H<sub>a</sub> = Effect or difference
- How likely is it that effect occurs by chance

   If very unlikely (p <0.05), reject H<sub>0</sub>

#### Effect Size, Significance, Power,

- <u>Effect Size</u>: Magnitude of effect being studied
   Should represent clinically significant difference
- <u>Significance</u>: Probability of Type I error (α=0.05)
- <u>Power</u>: Probability of detecting difference (80%)
- <u>Sample Size</u>: n required to show a difference at set values of effect size, power, and significance

#### **Determination of Sample Size**

- Why is this necessary?
  - To detect effect size (OR, RR, HR) as significant
  - Avoid false-positive, false-negative conclusions
     Avoid enrolling too many patients
- When to determine sample size?
   During preparation of <u>all</u> protocols (perform early!)
- How to calculate?
   Stata
  - Other programs: PS Power / Sample Size, nQuery

#### Variables Used to Calculate Sample Size

- Detectable (clinically meaningful) difference (d\*):
   Magnitude of difference in proportions, means
- r: ratio of unexposed:exposed, controls:cases
- Power (1 β):
  - Type II error ( $\beta$ ) = prob. that there is no difference when one does exist (false-negative; set at 0.1, 0.2)
- Type I error (α):
  - Prob. of concluding that there is difference when one does not exist (false-positive; usually set at 0.05)

# Variables Used to Calculate Sample Size

- p<sub>1</sub> (for proportions):
  - Proportion exposed who develop disease (cohort/ cross-sectional)
  - Proportion of cases exposed (case-control)
- p<sub>0</sub> (for proportions):
  - Proportion unexposed who develop disease (cohort/ cross-sectional)
     Proportion of controls exposed (case-control)
  - Hoportion of controls exposed (case-control)
- Standard deviation (σ) of continuous outcome

#### **Calculation of Sample Size**

- <u>Primary outcome</u> is variable for which you perform sample size calculation
  - If secondary outcomes important, ensure sample size is sufficient
- Typically, have more power to detect differences in continuous outcomes

### Sample Size Calculation: Difference in Means

• Sample size for difference in means:

$$(Z_{\beta} + Z_{\alpha/2})^2 \sigma^2 (r + 1)$$

• Variables:

 $\sigma$  = standard deviation of outcome ( $\sigma^2$ =variance)  $Z_{\alpha/2}$  = type I error of 0.05; value=1.96

- Z<sub>β</sub> = type II error; for 0.2 [80% power], value=0.84
- $(Z_{\beta} + Z_{\alpha/2})^2 = 7.85$  for 80% power
- $(Z_{\beta} + Z_{\alpha/2})^2 = 10.5$  for 90% power
- r = ratio; d\* = detectable difference

### Sample Size Calculation: Difference in Proportions

Sample size for difference in proportions:

$$\frac{(Z_{\beta} + Z_{\alpha/2})^2 (p_w)(1 - (p_w))(r + (d^*)^2 r)}{(d^*)^2 r}$$

Note: p<sub>w</sub> = weighted average of p<sub>1</sub> and p<sub>0</sub>
 p<sub>w</sub> = (p<sub>1</sub> + rp<sub>0</sub>) / (1+r)

## Variables Affecting Sample Size

- Detectable difference:

   Smaller difference (effect size): ↑ sample size

   Power:
- ↑ power (e.g., 80 → 90%): ↑ sample size
- Standard deviation of outcome (σ):
   Smaller σ: ↓ sample size
- P<sub>0</sub>:
   Smaller p<sub>0</sub>: ↑ sample size
- Significance level (α):
  - $-\uparrow \alpha \ \rightarrow \downarrow \text{ sample size}$

### **Sample Size Calculations**

- You <u>must</u> increase sample size to reflect:
  - Loss to follow up
  - Expected response rate
  - Lack of adherence, etc.
- Example:

n

- Targeted number of exposed = 1,200 subjects
- But only 70% expected to consent (30% refusal rate)

↓ Effective sample size

- Adjust targeted number of exposed as follows:
   1,200 / 0.7 = 1,714 exposed
- So if 1:1 ratio, need 1,714\*2 = 3,428 total subjects

## **Constructing a Research Project**

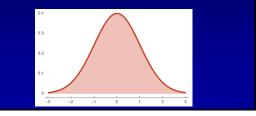
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## Select Appropriate Statistical Test for Continuous Data

Purpose of Test	Normal Theory Test (Parametric)	Corresponding Non-Parametric Test			
Compare paired data	Paired t-test	Wilcoxon signed-rank test			
Compare 2 independent samples	Two-sample t-test	Wilcoxon rank-sum test (Mann-Whitney U test)			
Compare ≥3 groups	One-way ANOVA	Kruskal-Wallis			

#### **Parametric Tests**

- Continuous data
- Normally distributed



#### **Non-Parametric Tests**

- Not normally distributed continuous data
  - Small samples
    - OR
  - Categorical data
    - Nominal, ordinal
    - Dichotomous (Outcome vs. no outcome)

#### Select Appropriate Statistical Test for Each Question

Purpose of Test	Normal Theory Test (Parametric)	Corresponding Non-Parametric Test			
Compare paired data	Paired t-test	Wilcoxon signed-rank test			
Compare 2 independent samples	Two-sample t-test	Wilcoxon rank-sum test (Mann-Whitney U test)			
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## Categorical Data Analysis: Chi Square Analysis

- Answers: "Are these groups different?"
- Contingency tables evaluate relation between values of ≥2 categorical variables
  - Rows, columns are independent

## Categorical Data Analysis: Fisher's and McNemar's Tests

- Fisher's Exact Test: Use if any value in a cell of table is <5</li>
- <u>McNemar's Test</u>: Use if data are from paired samples

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- **\***Correlation / regression
- Linear regression
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### **Correlation / Regression**

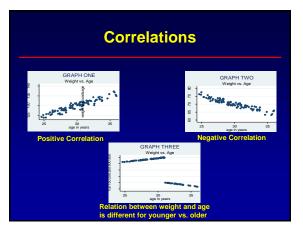
- Examine relation between variables
- Correlation:
   Tests significance of relation
- Regression:
  - Quantifies relationship, controlling for confounders

## **Correlation Coefficient**

- Quantifies relationship between two variables
  - Correlation coefficient ("r") ranges -1 to +1

Value of r	Interpretation				
r = 0	Two variables do not vary together at all				
0 > r > 1	Two variables increase or decrease together				
r = 1.0	Perfect correlation				
-1 > r > 0	One variable increases as the other decreases				
r = -1.0	Perfect negative or inverse correlation				

Often useful to graph data



## **Correlation Statistics**

- Pearson's correlation (most widely used):
  - Assumes normally distributed data
  - Compute <u>pairwise</u> correlation ("r"), p values
- Spearman's rank-correlation coefficient:
  - One or more variables  $\rightarrow$  not normally distributed
  - Less sensitive to effects of outlier data
  - Compute correlation ("r"), p values

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## **Linear Regression**

 Allows you to relate <u>continuous</u> outcome (y) to one or more predictor variables (x<sub>1</sub>, ..., x<sub>k</sub>)

- Mean value of y is expressed as linear combination of x's (x's may be <u>continuous</u> or <u>categorical</u>)
- Useful when have many potential confounders
- Have equation in the form:

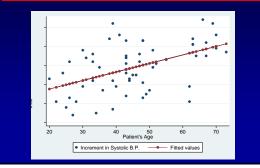
 $y = \alpha + \beta^* x$ 

- Typically written as:
  - $E(y) = \beta_0 + \beta_1 x \rightarrow fitted values$

#### **Linear Regression**

- Perform ordinary least squares regression of dependent variable y on independent variable x
- Estimates minimize squared distance between observed data and fitted values from model

## Linear Regression: Determine Best Fit Line in Data



For every 1 unit (cm)  $\uparrow$  in height, the pulmonary deadspace  $\uparrow$  by 1.03 mL.

regress dead	space height							
						Number of obs		15
								32.81
Model	5607.43156		5607	.43156				0.0001
	2221.50178		170.	884752		R-squared		0.7162
						Adj R-squared		0.6944
	7828.93333	14	559.	209524				13.072
deadspace	Coef.	Std.	Err.			[95% Conf.	In	
height	1.033323	.1803	872	5.73	0.000	.6436202	1	.423026
cons	-82.4852	26.30	147	-3.14	0.008	-139.3061	-2	5.66433

The constant is mean deadspace for a child without asthma. Mean deadspace for child without asthma = 83 mL Mean deadspace for child with asthma = 52.9 mL

regress dead	lspace asthma					
					Number of obs	
Model Residual	3388.05833 4440.875	1 13	3388.05833 341.605769		F(1, 13) Prob > F R-squared	9.92 0.0077 0.4328
Total	7828.93333	14	559.209524		Adj R-squared Root MSE	0.3891 18.483
deadspace	Coef.	Std. I	frr. t		[95% Conf.	terval]
asthma _cons	-30.125 83	9.5650		0.008	-50.79032 67.90819	.459683 8.09181

## Multivariable Linear Regression

- Evaluate continuous outcome by linear relationship with independent variables
- Have >1 independent variable

## Use of Multivariable Linear Regression

- Multiple factors may predict outcome
  - Blood pressure may be affected by weight, hormones, age, other factors
- Control for factors that can vary, but may confound, statistical analysis
  - E.g., age, sex, race, comorbidities
- Improve prediction

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#### **Logistic Regression**

#### Alternate form of regression

- -Use when outcome is binary
  - Death versus survive
  - Acute MI versus no acute MI
- -One or more predictor variables

#### **Logistic Regression**

- Regression method for <u>binary</u> outcomes
- Useful for:
  - Continuous or discrete covariates
  - Adjusting for potential confounders
  - Evaluation of effect modifiers
- Provides OR (95% CI) of outcome for those with vs. without exposure of interest

## **Logistic Regression**

- Determination of odds ratios (ORs) is based on maximum likelihood methods
  - Find coefficient values that maximize likelihood of obtaining observed data
- Output requested: β coefficients or ORs

### **Logistic Regression**



## Issues to Consider with Logistic Regression

- Which variables to include
- Which fitting method to use
- Collinearity
- Effect modifiers:
  - Does alcohol use level alter relation between drugs and acute liver injury?

## **Final Important Consideratons**

- Know your data before analysis!
  - Look for missing data, develop plan to address
  - Graph variables, relationships between variables
- Collaboration with biostatistician is useful